# BCHM 495 Medical Topics in Biochemistry Syllabus Spring, 2017 T/TH 9:00-10:15 am, Lyles Porter 1160

**INSTRUCTOR**: James Forney

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Office hours: Monday 10:30-11:30 am, Thursday 2:30-3:30 pm or by appointment

#### **COURSE OBJECTIVES**

The overall objective of this course is to apply the fundamental principles of biochemistry and metabolic control to understand the pathophysiology, diagnosis and treatment of human diseases. The course will emphasize biochemistry relevant to diabetes mellitus (type I and type II), liver disease and blood disorders.

#### LEARNING OUTCOMES ADDRESSED BY THIS COURSE

- > Students will develop an understanding of mechanisms that regulate metabolic pathways within individual cells, tissues and organ systems in healthy and disease patients.
- > Students will be able to predict biochemical and clinical effects given specific defects in a pathway.
- > Students will have an appreciation of ethical issues facing life science professionals who perform research involving humans or human tissues.
- Students will communicate scientific knowledge effectively to non-scientists.

#### **TEXTBOOK**

No textbook is required, but you will need access to a biochemistry textbook or online biochemistry text. The medical biochemistry page is one option: http://themedicalbiochemistrypage.org

This website is maintained by Michael King, PhD, an Instructor for the medical biochemistry course at Indiana University School of Medicine Terre Haute.

#### **CLASS TIME AND PLACE**

Tuesday and Thursday 9:00-10:15, Lyles Porter 1160

#### **BLACKBOARD**

The syllabus for the course, lecture notes, readings and grading keys will be available via the Purdue University Blackboard site at:

https://mycourses.purdue.edu

#### **ASSESSMENT**

The assessments for this course will include:

Exam I	100 points
Exam II	100 points
Team Based Learning	40 points
Paper (1 page for non-scientist)	30 points
Group project	30 points
Final Exam	100 points
Total	400 points

The cutoff values for letter grades are as follows:

360 points	90%	Α
320 points	80%	В
280 points	70%	С
240 points	60%	D
239 points ar	nd below	F

Team Based Learning (TBL): Team based learning will require reading an assignment prior to class. A list of learning objectives will be provided for each TBL. At the beginning of class each student will take a quiz, then hand in the quiz and take the same quiz with a small group of other students. The group will decide answers collectively then use Immediate Feedback Assessment Cards (scratch-off cards) to check their answers. Points will be assigned for both the individual quiz and group quiz. Some TBLs may include additional application questions that will require written responses. Exams

Exam will be a combination of multiple choice and short answer questions. Missing an exam will result in a grade of 0 being recorded unless documented justification for the absence is presented. The Instructor must be contacted in advance via email. Any request to be excused from a class or exam must include official documentation (doctor's note, request from academic advisor, etc) explaining why the exam was or will be missed. Makeup exams will be scheduled in consultation with the instructor.

# Final Exam and Grade Improvement

The final will be comprehensive. It will count for 100 points unless the Final Exam score is greater than your score on Exam I or Exam II, in which case the Final Exam score will be doubled and your lowest semester Exam score will be dropped.

# Paper – short summary for non-scientists

Each student will be assigned a biochemical topic to explain in a short article for a non-scientific audience. The article must be no more than one page and include at least one illustration. A rubric will be provided prior to the assignment.

# Group project – novel disease treatment

Groups of 3-4 students will select a disease from an instructor provided list. Groups will investigate the biochemical defect causing their disease and then propose a hypothetical "magic bullet" treatment. The group will present their findings in a 10 minute presentation that will be followed by a 5 minute question/answer session. A rubric used for grading will be provided.

If you have any disagreements with the way your exam or assignment has been graded, please consult the grading key and then submit your exam with a written explanation for why the score should be changed. Requests for re-grades must be submitted no later than one week after the graded test or assignment has been returned and key posted.

#### **EXTRA CREDIT**

There will be no opportunity for extra credit.

#### **OBTAINING HELP**

Dr. Forney will be available to answer your questions during office hours, or by appointment (best arranged via e-mail). Alternatively, you can submit questions by e-mail. I will do my best to answer the question by return e-mail or alternatively in the next class period.

#### ACADEMIC MISCONDUCT

Academic misconduct of any kind will not be tolerated in any course offered by the Department of Biochemistry. Information on Purdue's policies with regard to academic misconduct can be found at:

http://www.purdue.edu/odos/osrr/academicintegritybrochure.php

You should familiarize yourself with these policies, particularly if you are new to US academic institutions. All apparent violations of these policies will be referred to the Office of the Dean of Students (ODOS).

If the ODOS establishes that you have committed academic misconduct, the *minimal* response will be for your instructor to assign you a zero for the work in question; however, the *standard* response will be for you to receive a failing course grade and have a permanent record of the violation kept on file at the ODOS. These sanctions will be applied at the sole discretion of your instructor. Particularly egregious examples of academic misconduct or repeat offenses will result in you being expelled from the university by the ODOS.

"Purdue prohibits "dishonesty in connection with any University activity. Cheating, plagiarism, or knowingly furnishing false information to the University are examples of dishonesty." [Part 5, Section III-B-2-a, *University Regulations*] Furthermore, the University Senate has stipulated that "the commitment of acts of cheating, lying, and deceit in any of their diverse forms (such as the use of substitutes for taking examinations, the use of illegal cribs, plagiarism, and copying during examinations) is dishonest and must not be tolerated. Moreover, knowingly to aid and abet, directly or indirectly, other parties in committing dishonest acts is in itself dishonest." [University Senate Document 72-18, December 15, 1972]

More specifically, the following are a few examples of academic dishonesty which have been discovered at Purdue University.

- substituting on an exam for another student
- paying someone else to write a paper and submitting it as one's own work
- giving or receiving answers by use of signals during an exam.
- copying with or without the other person's knowledge during an exam
- doing class assignments for someone else
- plagiarizing published material, class assignments, or lab reports
- turning in a paper that has been purchased from a commercial research firm or obtained from the internet
- obtaining an unauthorized copy of a test in advance of its scheduled administration
- using unauthorized notes during an exam
- collaborating with other students on assignments when it is not allowed
- obtaining a test from the exam site, completing and submitting it later
- altering answers on a scored test and submitting it for a regrade

- stealing class assignments from other students and submitting them as one's own
- destroying or stealing the work of other students

Plagiarism is a special kind of academic dishonesty in which one person steals another person's ideas or words and falsely presents them as the plagiarist's own product. This is most likely to occur in the following ways:

- using the exact language of someone else without the use of quotation marks and without giving proper credit to the author
- presenting the sequence of ideas or arranging the material of someone else even though such is expressed in one's own words, without giving appropriate acknowledgment
- submitting a document written by someone else but representing it as one's own

# **CLASS ATTENDANCE**

University policy states that you are expected to attend every scheduled class. This course will include problem solving during class so failure to attend could place students at a disadvantage. Slides from the instructor will be available on Blackboard after class along with recordings of the instructor's voice, but these may not capture all the relevant information. If you have a valid reason for missing class such as a University-sponsored activity, religious observances, illness, or family emergency, I will do my best to assist you but it may not be possible to replicate all information missed in class. Students who skip class without a valid excuse should not expect the instructor to provide special help. The official university policy can be found here:

http://www.purdue.edu/odos/services/classabsence.php

#### **GRIEF ABSENCE POLICY FOR STUDENTS**

Purdue University recognizes that a time of bereavement is very difficult for a student. The University therefore provides the following rights to students facing the loss of a family member through the Grief Absence Policy for Students (GAPS). GAPS Policy: Students will be excused for funeral leave and given the opportunity to earn equivalent credit and to demonstrate evidence of meeting the learning outcomes for missed assignments or assessments in the event of the death of a member of the student's family.

#### NON-DISCRIMINATION POLICY

Nondiscrimination -- Purdue University is committed to maintaining a community which recognizes and values the inherent worth and dignity of every person; fosters tolerance, sensitivity, understanding, and mutual respect among its members; and encourages each individual to strive to reach his or her own potential. In pursuit of its goal of academic excellence, the University seeks to develop and nurture diversity. The University believes that diversity among its many members strengthens the institution, stimulates creativity, promotes the exchange of ideas, and enriches campus life.

Purdue University prohibits discrimination against any member of the University community on the basis of race, religion, color, sex, age, national origin or ancestry, marital status, parental status, sexual orientation, disability, or status as a veteran. The University will conduct its programs, services and activities consistent with applicable federal, state and local laws, regulations and orders and in conformance with the procedures and limitations as set forth in

(http://www.purdue.edu/purdue/ea\_eou\_statement.html) which provides specific contractual rights and remedies.

Anti-Harassment Policy -- Purdue University is committed to maintaining an environment that recognizes the inherent worth and dignity of every person; fosters tolerance, sensitivity, understanding and mutual respect; and encourages its members to strive to reach their potential. The most effective way to work toward preventing Harassment is through education that emphasizes respect for every individual.

Harassment in the workplace or the educational environment is unacceptable conduct and will not be tolerated. Purdue University is committed to maintaining an educational and work climate for faculty, staff and students that is positive and free from all forms of Harassment. This policy addresses Harassment in all forms, including Harassment toward individuals with legally protected status for reasons of race, gender, religion, color, age, national origin or ancestry, genetic information or disability and Harassment toward individuals for other reasons such as sexual orientation, gender identity, gender expression, marital status or parental status. The University will not tolerate Harassment of its faculty, staff or students by persons conducting business with or visiting the University, even though such persons are not directly affiliated with the University. Purdue Anti-Harassment Policy (III.C.1): http://www.purdue.edu/policies/ethics/iiic1.html

#### **EMERGENCIES**



EMERGENCY NOTIFICATION PROCEDURES are based on a simple concept – if you hear a fire alarm inside, proceed outside. If you hear a siren outside, proceed inside.

- Indoor Fire Alarms mean to stop class or research and immediately evacuate the building.
- Proceed to your Emergency Assembly Area away from building doors. Remain
   outside until police, fire, or other emergency response personnel provide
   additional guidance or tell you it is safe to leave.
- All Hazards Outdoor Emergency Warning Sirens mean to <u>immediately</u> seek shelter (Shelter in Place) in a safe location within the closest building.
- "Shelter in place" means seeking immediate shelter inside a building or University residence. This course of action may need to be taken during a tornado, a civil disturbance including a shooting or release of hazardous materials in the outside air. Once safely inside, find out more details about the emergency\*. **Remain in place** until police, fire, or other emergency response personnel provide additional guidance or tell you it is safe to leave.

\*In both cases, you should seek additional clarifying information by all means possible...Purdue Emergency Status page, text message, email alert, TV, radio, etc...review the Purdue Emergency Warning Notification System multi-communication layers at http://www.purdue.edu/ehps/emergency\_preparedness/warning-system.html

#### **EMERGENCY RESPONSE PROCEDURES:**

- Review the Emergency Procedures Guidelines
  - https://www.purdue.edu/emergency\_preparedness/flipchart/index.html
- Review the **Building Emergency Plan** (available on the Emergency Preparedness website or from the building deputy) for:
- evacuation routes, exit points, and emergency assembly area
- when and how to evacuate the building.
- shelter in place procedures and locations

#### EMERGENCY PREPAREDNESS AWARENESS VIDEOS

"Shots Fired on Campus: When Lightning Strikes," is a 20-minute active shooter awareness video that illustrates what to look for and how to prepare and react to this type of incident. See: http://www.purdue.edu/securePurdue/news/2010/emergency-preparedness-shots-fired-on-campus-video.cfm (Link is also located on the EP website)

# **MORE INFORMATION**

Reference the Emergency Preparedness web site for additional information: https://www.purdue.edu/ehps/emergency preparedness/

# **BCHM 495 CLASS SCHEDULE**

# (Exam dates will not change, but topics on specific dates may change in response to instructor observations and student feedback)

Meeting	Topic	Assignment Due
January 10	Glucose, sources of fuel, key metabolic tissues	
January 12	Overview of metabolism, fed vs. fasting state	
January 17	Type 1 diabetes, insulin/glucagon action	
January 19	ketone body synthesis and breakdown	
January 24	blood pH, ketoacidosis acidosis	TBL in class (10 pt)
January 26	glycogen synthesis and breakdown	
January 31	glycolysis, gluconeogenesis, substrates and regulation	
February 2	Fructose metabolism, is fructose a poison?	TBL in class (10 pt)
February 7	Review	
February 9	EXAM I	EXAM (100 pt)
February 14	lipid digestion and metabolism overview	
February 16	Type 2 diabetes, insulin resistance (fatty acids and hexc	samine signaling)
February 21	Complications of diabetes	
February 23	Treatments for diabetes (insulin, sulfonylureas, metform	in, ketogenic diets)
February 28	Ethanol metabolism (alcoholism, Wernicke-Korsakoff)	TBL in class (10 pt)
March 2	Patient case (part 1, problem based learning)	
March 7	Patient case (part 2, problem based learning)	
March 9	Oxygen radicals and disease	
March 13-17	NO CLASS: SPRING BREAK	
March 21	Liver disease (biochemistry of symptoms, bilirubin) pa	aper 1 <sup>st</sup> draft (optional)
March 23	Review	
March 28	EXAM II	EXAM (100 pt)
March 30	Biochemistry of blood (heme synthesis and porphyrias)	
April 4	Biochemistry of blood (hemostasis, blood clotting)	TBL in class (10 pt)
April 6	Biochemistry of blood (sickle cell anemia)	
April 11	Biochemistry of blood (hemolytic anemia)	
April 13	Biochemistry of blood (iron deficiency anemia)	
April 18	Biochemistry of blood (pernicious anemia)	final paper due (30 pt)
April 20	Ethical conduct, human subjects	
April 25	Review	
April 27	Group presentations (novel disease treatment)	presentation (30 pt)

FINALS WEEK FINAL EXAM

EXAM (100 pt)