

# Your Family's Carbon Footprint

## Key Concepts:

- Carbon footprint
- Carbon dioxide
- Greenhouse gas
- Greenhouse effect
- Methane
- Nitrous oxide

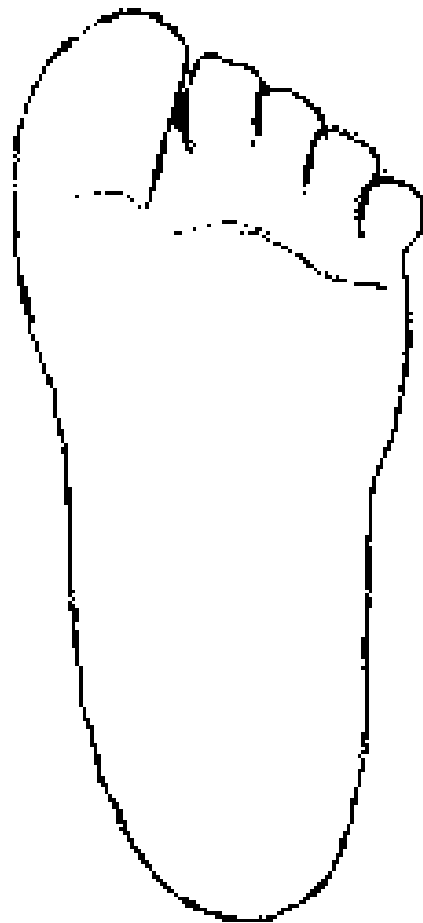
## WHAT YOU WILL LEARN

1. You will calculate how much carbon dioxide you and your family release into the atmosphere each year--your carbon footprint.
2. You will identify ways that you and your family can reduce your carbon footprint.
3. You will calculate the mean, median, mode, and range for your class carbon dioxide emissions data--your class carbon footprint.

## Engage Your Thinking

How much greenhouse gas (carbon dioxide and methane) does your family release into the atmosphere each year? In what ways do you and your family contribute to the greenhouse effect and global warming? To answer these questions, you will use the Environmental Protection Agency's (EPA) *Personal Emissions Calculator* to estimate your family's greenhouse gas emissions and to think about how you and your family could reduce your greenhouse gas emissions. Before starting this activity, however, answer the following questions based on what you currently know and think.

1. List the activities that you and your family do that release greenhouse gases into the atmosphere. Then, divide the footprint into parts that reflect the amount or percentage of greenhouse gases released by each activity listed. Be sure and label the parts of the footprint.
2. How might these activities contribute to the greenhouse effect and to global warming?
3. What can you and your family do to reduce your greenhouse gas emissions?



## Explore and Explain

Scientists believe that **global warming** is caused by an increase in the atmospheric concentration of the naturally occurring **greenhouse gases**. The major greenhouse gases are **water vapor**, **carbon dioxide**, **methane**, and **nitrous oxides**. The main greenhouse gases that enter the atmosphere because of human activities are:

- Carbon Dioxide (CO<sub>2</sub>): Carbon dioxide enters the atmosphere through the burning of fossil fuels (oil, natural gas, and coal), solid waste, trees, and wood products.
- Methane (CH<sub>4</sub>): Methane is emitted during the production and transport of coal, natural gas, and oil. Methane emissions also result from livestock and other agricultural practices and by the decay of organic waste in municipal solid waste landfills.
- Nitrous Oxides (NO<sub>x</sub>): Nitrous oxides are emitted during agricultural and industrial activities, as well as during the combustion of fossil fuels and solid waste.



Many of your daily activities result in carbon dioxide and methane emissions which add greenhouse gases to the atmosphere that contributes to global warming and climate change. The greenhouse gas emissions you produce reflect your **carbon footprint**, the amount of greenhouse gases you contribute to the atmosphere measured in units of carbon dioxide. By calculating your carbon footprint you can get a better idea of how you contribute to global warming. When you know how your actions impact the environment, you can make informed decisions about specific ways you and your family can reduce your carbon footprint and minimize your personal impact on the Earth's temperature and climate.

The Environmental Protection Agency (EPA) has developed the *Personal Emissions Calculator* that allows individuals and households (families) to calculate the amount of greenhouse gas they emit each year and to make an estimate of their individual carbon footprint. The estimate is based on energy use and waste disposal. In the following activity, you will use the EPA online calculator to estimate how much greenhouse gas you and your family release into the atmosphere each year. To use the online calculator go to:

[http://epa.gov/climatechange/emissions/ind\\_calculator.html](http://epa.gov/climatechange/emissions/ind_calculator.html)

Follow the instructions for using the calculator; you will need about 10-15 minutes to enter the data. For more accurate results ask your parents to assist you in answering the following questions before going to the online calculator:

- How do you heat your home? \_\_\_\_\_
- How much does your family spend per month on electricity? \_\_\_\_\_
- How much does your family spend per month on natural gas? \_\_\_\_\_
- How much does your family spend per month on heating oil? \_\_\_\_\_
- On average how many miles does your family drive per week? \_\_\_\_\_
- What is the average gas mileage for your family car(s)? \_\_\_\_\_
- Does your family recycle newspaper? \_\_\_\_\_
- Does your family recycle glass? \_\_\_\_\_
- Does your family recycle plastic? \_\_\_\_\_
- Does your family recycle aluminum/steel cans? \_\_\_\_\_

As you enter your information, the calculator automatically estimates the pounds of greenhouse gas your family emits in carbon dioxide equivalents—your family's carbon footprint. Record the pounds of carbon dioxide equivalent in the table below.

Table 1: Pounds of Carbon Dioxide Equivalent Emitted Per Year

Activity	Total from Activity
Transportation	
Home Energy	
Waste	
Total	

*Note: Waste produces methane; the calculator converts this to the equivalent of pounds of carbon dioxide.*

4. How does your family's greenhouse gas emissions compare to the U.S. average? (Note: The U.S. average is for a family of 2; for a family of 4, double the U.S. average)

To explore actions your family could take to lower your greenhouse gas emissions while reducing energy and waste disposal costs, use the *What You Can Do to Reduce Emissions* section of the calculator. For each of the actions listed below, the calculator displays the amount of emissions your family could avoid. Calculate the items below, and record your results in the table.

- a) If your family drove 10 miles less per week how many pounds of carbon dioxide would your family avoid releasing into the atmosphere?
- b) If your family turned down the heating thermostat in the winter by 2 degrees and turned up the air conditioning thermostat in the summer by 2 degrees, how many pounds of carbon dioxide would your family avoid releasing into the atmosphere per year?
- c) If your family replaced two incandescent light bulbs with two ENERGY STAR compact florescent light bulbs (CFLs), how many pounds of carbon dioxide would your family avoid releasing into the atmosphere per year?
- d) If your family does not recycle, how many pounds of carbon dioxide would your family avoid releasing into the atmosphere per year if they decided to recycle?

Table 2: Potential Reduction in Greenhouse Gas Emissions Per Year

Activity	Amount of Greenhouse Gas Reduction
a) More energy efficient car	
b) Drive less	
c) Turn down thermostat in the winter and up in the summer	
d) Use compact florescent light bulbs	
e) Recycle	
Total Reduction in Pounds of Greenhouse Gas	

5. In which ways would these changes reduce your family's carbon footprint?



There are about 100 million families (or households) in the U.S. If each family did the following, how much greenhouse gas would be eliminated from the atmosphere?

9. If each household replaced two incandescent light bulbs with two ENERGY STAR compact florescent light bulbs (CFLs), how many pounds of carbon dioxide would be eliminated from the atmosphere per year?
  
  
  
  
  
  
  
  
  
  
10. If each family drove 10 miles less per week, how many pounds of carbon dioxide would be eliminated from the atmosphere per year?
  
  
  
  
  
  
  
  
  
  
11. If each family turned down their heating thermostat in the winter by 2 degrees and turned up their air conditioning thermostat in the summer by 2 degrees, how many pounds of carbon dioxide would be eliminated from the atmosphere per year?

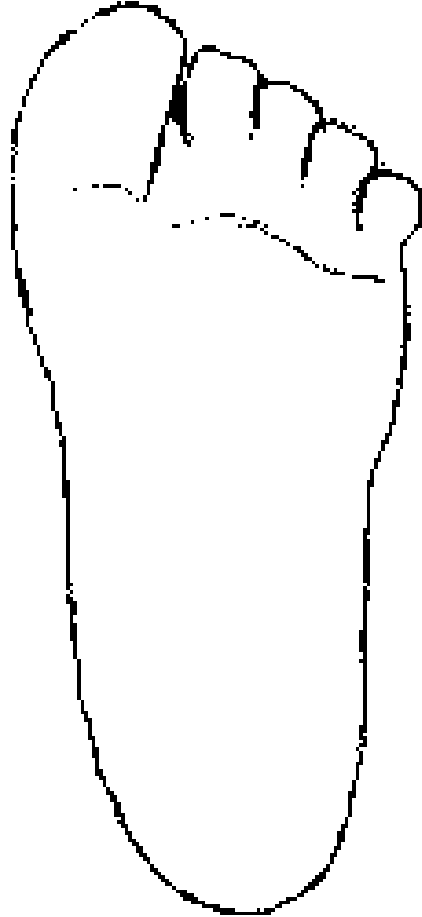
## *Apply What You Have Learned*



Create a brochure that could be used to inform families about actions they could take to reduce greenhouse gas emissions, and why such actions are important to do. The brochure needs to explain how each action would reduce greenhouse gas emissions and make a positive impact on the atmosphere and the environment.

## *Reflect on What You Have Learned*

12. How have your ideas changed about the ways you and your family release greenhouse gases into the atmosphere? List the activities that you and your family do that release greenhouse gases into the atmosphere. Then, divide the footprint into parts that reflect the amount or percentage of greenhouse gases released by each activity listed. Be sure and label the parts of the footprint. This is your family's carbon footprint.



13. How might these activities contribute to the greenhouse effect and to global warming?

14. What can you and your family do to reduce your greenhouse gas emissions?

15. Please explain how your ideas and thinking about greenhouse gases has changed.