What can I do about climate change?

LEARN THE BASICS
The basic facts of climate change, uncovered by more than 150 years of research, can be summarized in 5 key points.

IT’S REAL Observations from thousands of weather stations around the world show our world has warmed 1.9°F since 1880.

IT’S US Human activity is the main cause of warming over the past century.

EXPERTS AGREE There’s scientific consensus, based on thousands of studies, that human activity is the primary cause.

IT’S BAD The impacts are serious and are already affecting people.

THERE’S HOPE We have the technology needed to avoid the worst climate impacts.

KNOW YOUR IMPACT
The total amount of greenhouse gases that are generated by our actions is called a carbon footprint.

CALCULATE The average carbon footprint for a person in the United States is 3 times the global average. You can estimate your own footprint using online tools like the US EPA Household Carbon Footprint Calculator.

EVALUATE Everyday things that you can do to reduce your personal contribution to a warming planet include reducing food waste, improving energy efficiency in your home, and evaluating your modes of transportation.

Lasting solutions to climate change will require action on a global scale but bringing down our personal footprint will pave the way for bigger change.

TALK ABOUT IT
Talking about climate change with family and friends can increase awareness of the impacts and solutions. Here are some tips for productive conversations.

CONNECTION Show the relationship between climate change and the things your friends and family care about.

DIALOG Have a conversation—not a lecture—and remember to ask questions about how they feel and what they think.

OPTIMISM Talk about solutions, many of which have health benefits, save money, and preserve resources.

PERSISTENCE Look for opportunities to weave climate change into other discussions, like when you’re talking about weather extremes or traffic congestion.

ENGAGE NOW
Climate change can no longer be considered a problem of the future. It’s happening now. Our actions today will determine tomorrow’s climate and its consequences.

ACTIVE CITIZENSHIP Your vote, at the local, state and federal level matters—aspects of the climate change problem requires transformations that only government intervention can make.

CLIMATE LEADERSHIP Your voice matters—support climate-friendly policies and investments in organizations you care about: your business, school, place of worship, and social clubs.

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