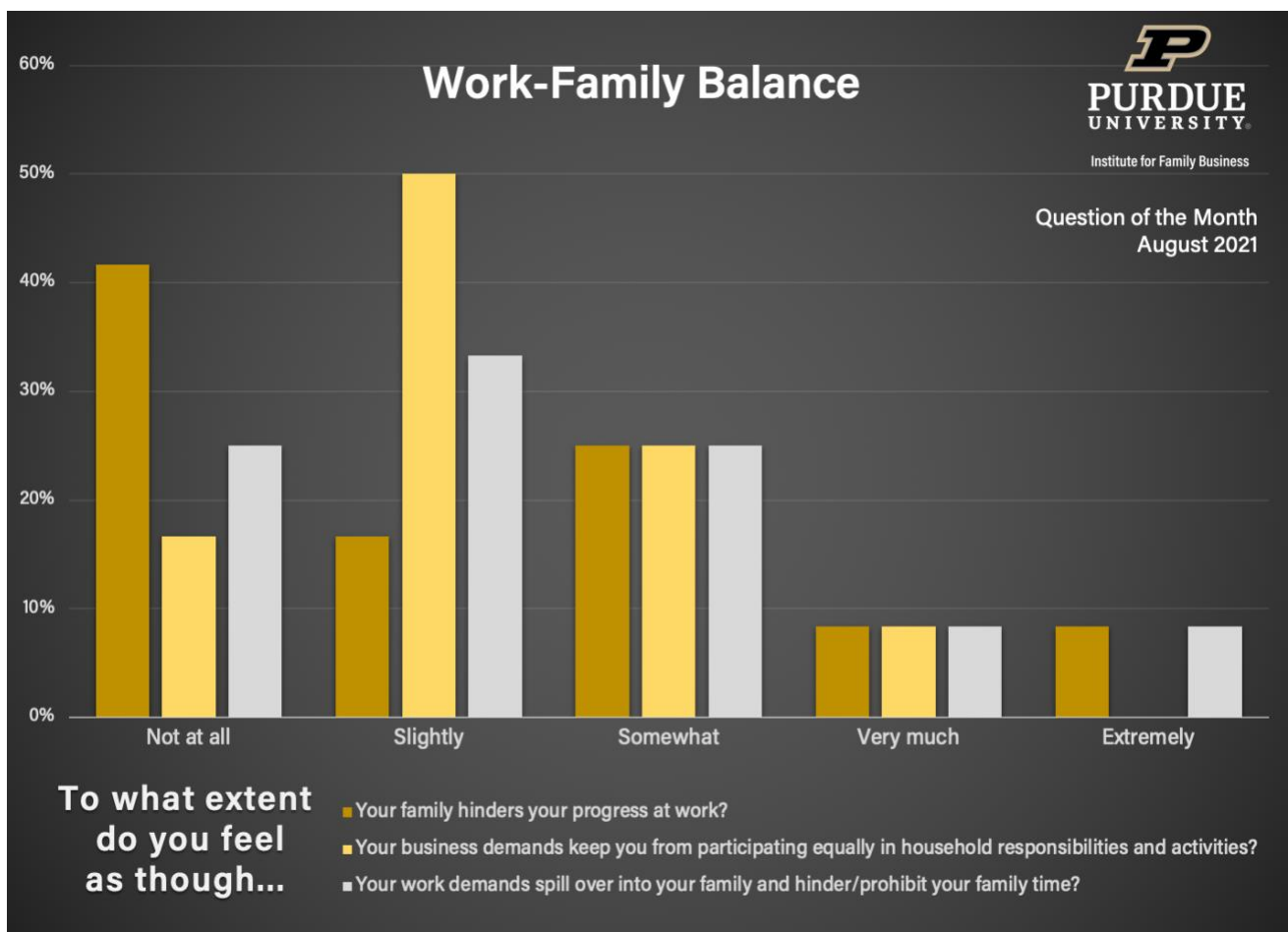


Work-Life Balance in Family Businesses

Establishing and maintaining a work-life balance can be a struggle for any individual. In a family business when family time and business time often overlap, finding that balance and a distinct time for work and life can be a challenge. For our *August 2021 Question of the Month*, we asked our subscribers to what extent family hindered progress at work, business demands kept them from participating equally at home, and work demands hindered family time. Our respondents indicated that work demands spilled over into family time and work hindered family time to an extreme extent in just under 10% of businesses. Roughly 25% of respondents indicated that they were “somewhat” impacted by all three categories and just under 10% were impacted “very much”. See below for full results.



Don't miss out on our [latest newsletter](#), which is a marketing special issue. PIFB has released some videos as part of a Family Business Video Series, available on [our YouTube channel](#). As always, we will continue to post resources and webinars for farm, family, and small businesses to our [PIFB Homepage](#) and our [Upcoming Events page](#) as they become available.

Click [here](#) to participate in the new **SEPTEMBER** question of the month!
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