

*There are no right or wrong answers to these questions. You do not get a grade for doing this test and won't receive a bad grade if you decide not to do it.*

**1** Please rate knowledge levels on the following topics before today and now.

TOPICS	BEFORE TODAY					NOW				
	<i>Not at all</i> 1	2	3	4	<i>Very much</i> 5	<i>Not at all</i> 1	2	3	4	<i>Very much</i> 5
<b><i>For each question, use the following scale:</i></b>										
I know how being in nature is good for my health.	1	2	3	4	5	1	2	3	4	5
I know that being in nature can help with relationships and stress relief.	1	2	3	4	5	1	2	3	4	5
I can identify vegetable plant parts.	1	2	3	4	5	1	2	3	4	5
I know how to make exploding seed balls.	1	2	3	4	5	1	2	3	4	5

**2** What do you plan to do within the next 12 months?

- Reading in the garden*     *Gardening*     *Seed Balls*

**3** I will share what I learned with others.

- Yes*                       *No*

**4** I like what I learned.

- Yes*                       *No*

**5** What did you learn?

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