

**Fermentation, Food and Culture: Japan**  
**Prepared for Purdue University**



**ITINERARY: July 3-14, 2026**

<p><b>DAY 0</b>  <b>WED JUL 1-2:</b>  <b>DEPART USA</b>  <b>[-/-/-]</b></p>	<ul style="list-style-type: none"> <li>• Flight details TBD; airfare not included, actual departure day may vary</li> <li>• Bring copies of any online visas you filled out in advance</li> </ul>
<p><b>DAY 1</b>  <b>FRI JUL 3:</b>  <b>ARRIVE OSAKA-KYOTO</b>  <b>[-/-/D]</b></p> <ul style="list-style-type: none"> <li>✓ Half day guide/coordinator</li> <li>✓ Private coach group transfer: airport to accommodations</li> <li>✓ Issuance of transport cards</li> </ul>	<ul style="list-style-type: none"> <li>• Upon arrival at <b>Itami Airport (ITM)</b>, collect your luggage, go through customs and proceed to the arrivals hall where you will meet your <b>program guide/coordinator</b>, who will be holding an 'AEA Purdue' sign.</li> <li>• Transfer by private coach to hotel (2hr+) in Kyoto</li> <li>• Receive public transport cards (<b>SUICA/ICOCA 11,000¥</b>, will cover the needs of the program, when funds are depleted it's the responsibility of the user to reload their transport card, guide can assist)</li> <li>• Along the way, coordinator will give an informal <b>orientation meeting</b> including a brief overview of the program itinerary, information about <u>country</u>, health + safety tips, how to use public transportation, where to take out money, suggested places to eat, phrases and cultural norms <ul style="list-style-type: none"> <li>• Coordinator and faculty can, amongst themselves, review itinerary and discuss any preferences that faculty might have about the level of the coordinator's involvement each day</li> </ul> </li> <li>• Check-in (or leave bags with reception until guaranteed check-in time), guide dismissed after check-in</li> <li>• Remainder of the day free to rest and refresh</li> <li>• Dinner on own expense, guide to have offered suggestions</li> <li>• Overnight at <a href="#">Prince Smart Inn Kyoto Shiyo</a> or similar <ul style="list-style-type: none"> <li>○ Students in shared twin rooms, ensuite bathrooms (hotel)</li> <li>○ Faculty in private rooms, ensuite bathrooms (hotel)</li> <li>○ Free wifi, coin laundry on site (hotel, to be confirmed upon approval)</li> </ul> </li> </ul>
<p><b>DAY 2</b>  <b>SAT JUL 4:</b>  <b>KYOTO</b>  <b>[B/-/D]</b></p> <ul style="list-style-type: none"> <li>✓ Full day guide/coordinator</li> <li>✓ Use of public transport cards</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast at hotel (sandwich + breakfast dessert)</li> <li>• Meet your guide in the lobby and head out via public transport</li> <li>• Enjoy a day in Kyoto visiting <b>Kiyomizu-dera Temple</b> and nearby areas of <b>Ninenzaka and Sannenzaka</b></li> <li>• Lunch on your own expense, recommendations from guide</li> <li>• Visit <b>Sanjusangendo</b> by foot or via local bus</li> <li>• <b>Welcome Dinner</b> at local restaurant, near accommodation, guide to stay and assist, multi course + water</li> <li>• Overnight at <a href="#">Prince Smart Inn Kyoto Shiyo</a> or similar</li> </ul>

<p><b>DAY 3</b> <b>SUN JUL 5:</b> <b>KYOTO</b> <b>[B/-/-]</b></p> <ul style="list-style-type: none"> <li>✓ Full day guide/coordinator</li> <li>✓ Use of public transport cards</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast at hotel</li> <li>• Meet your guide in lobby, take public transport to Uji- the city of matcha (~40mins from accommodation)</li> <li>• <b>Visit to matcha related site</b> (TBD), including matcha experience</li> <li>• Explore the area, including <b>Byodoin Temple + Phoenix Hall</b></li> <li>• Lunch on own, recommendations from guide</li> <li>• Take public transport to <b>Fushimi</b> (~40mins)</li> <li>• Enjoy a 3hr <b>sake tasting and brewery tour with Kyoto Sake Experience</b></li> <li>• Return to Kyoto via public transport, guide dismissed</li> <li>• Dinner on own expense</li> <li>• Overnight at <a href="#">Prince Smart Inn Kyoto Shijo</a> or similar</li> </ul>
<p><b>DAY 4</b> <b>MON JUL 6:</b> <b>KYOTO</b> <b>[B/-/-]</b></p> <ul style="list-style-type: none"> <li>✓ Full day guide/coordinator</li> <li>✓ Use of public transport cards</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast at hotel</li> <li>• Meet your guide and head out via public transport for a day of food related visits around the city</li> <li>• Visit <b>tsukemono store, partake in a workshop</b></li> <li>• Take public transit to <b>Nishiki Market</b></li> <li>• Enjoy a <b>tea ceremony with kimono</b> in a serene atmosphere</li> <li>• Walk along the <b>Kamogawa River</b>, return kimonos, guide dismissed</li> <li>• Dinner on own expense, make your own way back to accommodations</li> <li>• Overnight at <a href="#">Prince Smart Inn Kyoto Shijo</a> or similar</li> </ul>
<p><b>DAY 5</b> <b>TUE JUL 7:</b> <b>KYOTO</b> <b>[B/L/-]</b></p> <ul style="list-style-type: none"> <li>✓ Full day guide/coordinator</li> <li>✓ Use of public transport cards</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast at hotel</li> <li>• Meet your guide, take public transport to <b>Arashiyama</b> (&lt;1hr)</li> <li>• Visit the <b>bamboo grove</b> and explore the surrounding areas</li> <li>• Group <b>Shojin lunch</b>, a vegan cuisine traditionally served in monasteries</li> <li>• Visit <b>Tenryu-ji Temple</b></li> <li>• Return to accommodations via public transportation, guide dismissed</li> <li>• Dinner on own expense</li> <li>*please pack your large luggage, will be shipped to Osaka arriving evening of July 9<sup>th</sup>, you may carry a small overnight bag with you</li> <li>• Overnight at <a href="#">Prince Smart Inn Kyoto Shijo</a> or similar</li> </ul>
<p><b>DAY 6</b> <b>WED JUL 8:</b> <b>KYOTO- OSAKA</b> <b>[B/-/-]</b></p> <ul style="list-style-type: none"> <li>✓ Full day guide/coordinator</li> <li>✓ Use of public transport cards</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast at hotel, followed by check out</li> <li>• Meet your guide in the lobby, guide to assist with luggage shipment, take public <b>transport to Osaka</b> (&lt;1hr)</li> <li>• Drop off overnight bag at accommodations, explore the surrounding areas and grab lunch on own expense</li> <li>• Visit to <b>Osaka Castle, explore grounds</b></li> <li>• Return to accommodations via public transport, check in, guide dismissed</li> <li>• Dinner on own expense</li> <li>• Overnight at <a href="#">Tokyu Stay Osaka Honmachi</a> or similar</li> <li>*students in twin shared rooms, ensuite bathrooms (hotel)</li> <li>*faculty in private rooms, ensuite bathrooms (hotel)</li> </ul>

<p><b>DAY 7</b> <b>THU JUL 9:</b> <b>OSAKA</b> <b>[B/-/-]</b></p> <ul style="list-style-type: none"> <li>✓ Full day guide/coordinator</li> <li>✓ Use of public transport cards</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast at hotel</li> <li>• Meet your guide in lobby, head out via public transport</li> <li>• Visit a <b>soy sauce or miso factory</b> (workshop TBD)</li> <li>• Lunch on own expense, recommendations from guide</li> <li>• Enjoy a <b>fake food making experience</b> (need to choose 'menu' in advance)</li> <li>• Return to accommodations by public transport, guide dismissed</li> <li>• Dinner on own expense</li> <li>• Overnight at <a href="#">Tokyu Stay Osaka Honmachi</a> or similar</li> </ul>
<p><b>DAY 8</b> <b>FRI JUL 10:</b> <b>OSAKA – KOBE -</b> <b>OSAKA</b> <b>[B/-/D]</b></p> <ul style="list-style-type: none"> <li>✓ Full day guide/coordinator</li> <li>✓ Use of public transport cards</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast at hotel</li> <li>• Meet your guide, take public transport to <b>Nada/Kobe</b> area (~1hr)</li> <li>• Visit <b>sake breweries and/or local museum</b>, tasting included (3 cups)</li> <li>• Lunch on own expense in area</li> <li>• <b>Return to Osaka</b> via public transport</li> <li>• <b>Cooking class (ramen and gyoza TBD)</b>, guide dismissed after class starts</li> <li>• Dinner on own expense</li> <li>• Overnight at <a href="#">Tokyu Stay Osaka Honmachi</a> or similar</li> </ul>
<p><b>DAY 9</b> <b>SAT JUL 11:</b> <b>OSAKA – NARA-</b> <b>OSAKA</b> <b>[B/-/-]</b></p> <ul style="list-style-type: none"> <li>✓ Full day guide/coordinator</li> <li>✓ Use of public transport cards</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast at hotel</li> <li>• Meet your guide and head to <b>Nara</b> via public transport (~1hr)</li> <li>• Visit the <b>Todai-ji Temple, Nara Park and Kasuga Taisha</b></li> <li>• Lunch on own expense, recommendations from guide</li> <li>• Return to accommodations, guide dismissed</li> <li>• Dinner on own expense</li> <li>• Overnight at <a href="#">Tokyu Stay Osaka Honmachi</a> or similar</li> </ul>
<p><b>DAY 10</b> <b>SUN JUL 12:</b> <b>OSAKA</b> <b>[B/-/D]</b></p> <ul style="list-style-type: none"> <li>✓ Full day guide/coordinator</li> <li>✓ Use of public transport cards</li> </ul>	<ul style="list-style-type: none"> <li>• Breakfast at hotel</li> <li>• Meet your guide and head out for an <b>Osaka Food Tour</b></li> <li>• While exploring the city, sample 3-5 types of traditional Japanese foods and learn about the local food and drink culture</li> <li>• Lunch on own if needed</li> <li>• Travel on to a <b>cooking class (sushi TBD)</b>, enjoy what you create for dinner</li> <li>• Overnight at <a href="#">Tokyu Stay Osaka Honmachi</a> or similar</li> </ul>
<p><b>DAY 11</b> <b>MON JUL 13:</b> <b>OSAKA</b> <b>[B/-/-]</b></p>	<ul style="list-style-type: none"> <li>• Breakfast at hotel</li> <li>• <b>Free day on own leisure</b></li> <li>• Lunch and dinner on own expense</li> <li>• Overnight at <a href="#">Tokyu Stay Osaka Honmachi</a> or similar</li> </ul>

<b>DAY 12</b> <b>TUE JUL 14:</b> <b>OSAKA</b> <b>[B/-/-]</b>  ✓ Departure assistant ✓ Private coach group airport transfer	<ul style="list-style-type: none"> <li>• Breakfast at hotel, followed by check-out</li> <li>• Meet your departure assistant at hotel</li> <li>• Transfer to KIX via private coach, assistant will not ride along</li> <li>• Flight details TBD; airfare not included</li> </ul>
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**\*\*\* No bookings have been made and rooms are subject to availability. Other hotels may be substituted if any of the hotels above are unavailable at time of deposit.**