



# A Taste of France

French chefs and cuisine are known as some of the best in the world. You will truly get a 'Taste of France' as you make your way through different regions and cities of the country, including the French Riviera, Lyon (the culinary capital of France), and Paris. You'll not only learn about the process of creating signature French dishes but will also enjoy them yourself. Your taste buds will thank you!

May 2023 | 10 days



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# Our program

Treat your palate to the vibrant tradition of French food, from rustic fare to haute cuisine. Sample regional dishes in the French Riviera and Provence and attend a chef's demonstration in Lyon for some authentic inspiration for your own creations. Get a taste of Paris with visits to its most iconic structures before expanding your palette at a colorful city market and cooking lesson.

Reims  
Paris (4)  
Versailles +

Lyon (2)

Avignon

Monaco  
French Riviera (2)

- **Day 1: Fly overnight to France**
- **Day 2: French Riviera**
  - Meet your Tour Director at the airport
  - Take a walking tour of the Nice
  - Enjoy dinner
- **Day 3: French Riviera**
  - Take a day trip to Monaco
  - Participate in a cooking lesson led by local chefs
- **Day 4: Provence, & Lyon**
  - Travel via Provence to Lyon
  - Enjoy dinner in Lyon
- **Day 5: Lyon**
  - Take a culinary-themed guided tour of Lyon and learn about bouchons
  - Participate in a cooking demonstration with a Lyonnais chef
- **Day 6: Lyon & Paris**
  - Travel by TGV train to Paris
  - Take a walking tour of Paris
  - Sail along the River Seine
  - Enjoy dinner in the Latin Quarter
- **Day 7: Paris**
  - Take a guided tour of Paris
- **Day 8: Paris**
  - Take an excursion to Reims
  - Tour a champagne cellar
- **Day 9: Paris**
  - Enjoy lunch at a local market
  - Participate in a cooking lesson led by local Parisian chefs
- **Day 10: Depart for Home**



## Spend a Day in Monaco

Monaco is a sovereign principality located on the French Riviera known for hosting glamorous events like the Grand Prix. It's frequented by celebrities & other wealthy individuals as a vacation spot - who knows who you might see!



## Explore Nice

Fun fact: Nice has only been a part of France since 1860. That's only 161 years! Before that, it was an Italian city called 'Nizza'—but its inception is all thanks to Greece, who established the town around 350 BCE, naming it 'Nike', the Greek word for victory.



## Participate in a cooking demonstration

Did you know that Lyon is considered the culinary capital of France? As of 2019, it had 20 Michelin-starred restaurants! You'll meet with a Lyonnais chef, who will guide you through cooking your group's dinner for the evening.



## Experience Lyon

In addition to being known for its cuisine, Lyon is also the birthplace of cinema (the Lumière brothers made the first film in the city in 1895) and the former capital of France (then known as Gaul).



## Cruise the Seine River

Admire Paris' architecture & famous monuments from the water as you cruise along the Seine, the second longest river in France!



## Explore the Latin Quarter

The Latin quarter is named for the original scholars of the famous Sorbonne University, who spoke Latin. In this region of the city, you will see sights such as the Notre Dame Cathedral.



## Visit the Champs-Élysées

The Champs-Élysées consists of an elegant avenue packed with high-fashion boutiques. Fun fact: the finish line for the Tour de France is always located at the end of this boulevard, where you can also find the Arc de Triomphe!



## Experience French Cuisine

Try authentic French pastries and baguettes or even step out of your comfort zone and try delicacies such as escargot (cooked snails) or foie gras (duck or goose liver).

# What's included?

Simply more bang for your buck as an all-inclusive experience

-  Round-trip airfare on major carriers
-  Safe, quality hotel rooms
-  Bilingual Tour Director with us 24/7
-  Transportation while abroad
-  Thoughtfully designed cultural & academic itinerary
-  Guided experiences, entrances, and activities
-  Authentic breakfasts and select dinners
-  24/7 emergency support line
-  Help with travel prep & funding

## Just a few things for you to cover:

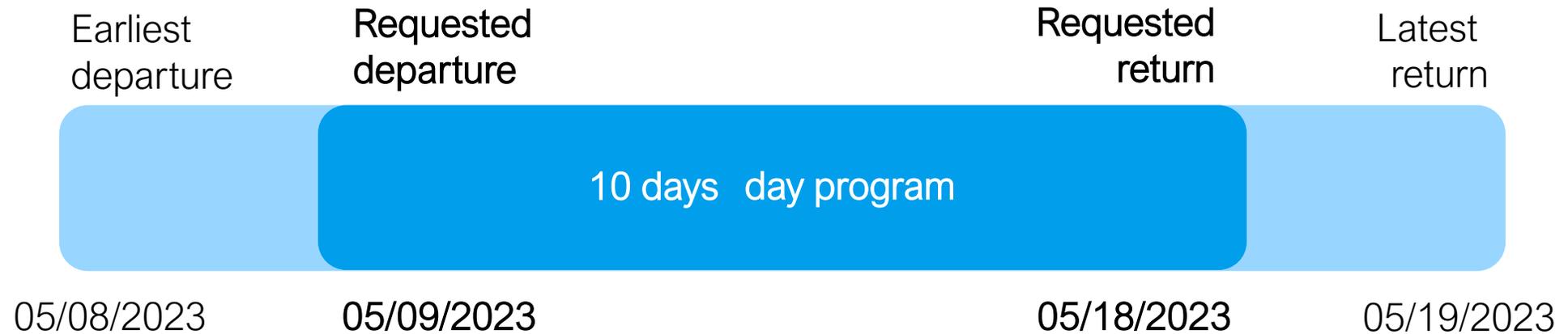
-  Passport and visa fees
-  Airport baggage fees
-  Lunches and snacks
-  Personal spending money
-  COVID-19 testing

*Compare this to planning on your own +  
the added benefits of an all-inclusive  
provider*

# When are we traveling?

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Mark your calendars



***A short-term program: the ability to study abroad without missing a whole semester at school***

\*We'll confirm exact departure and return dates approximately 2-3 months before departure.

# What safety measures can we expect?

EF has us covered



EF is among the first recipients of the **World Travel & Tourism Council's Safe Travels Stamp**, certifying that EF adheres to strict safety and hygiene protocols.

EF provides our group with:

- 24/7 Personal Tour Director
- Local presence and safety teams in country
- 24-hour emergency line & real-time incident response
- Enhanced safety measures and protocols to align with COVID standards
- Peace of Mind policy included for all travelers
- Additional support and safety policies

For more info: [efcollegestudy.com/safety](https://efcollegestudy.com/safety)

# Application Process

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1. Apply Online
2. Receive Confirmation
3. Pay Deposit
4. Submit Cancellation Form

## PARTICIPATION / CANCELLATION FORM

### Taste of France: Exploration of French Cuisine, Food Production, Small Business and Culture

By signing this form, I understand and agree to the following:

- I hereby submit an online **deposit of \$500** to confirm that I will participate in the Study Abroad program to France from May 9-18, 2023. I understand that this deposit is **non-refundable**. Please upload your deposit receipt and a copy of this signed form on your "My Study Abroad" page. [Instructions for Online Deposit](#)
- I understand that this deposit will be credited to my student account toward the total cost of the program.

Please note that you are only required to pay the \$500 non-refundable deposit at this time. However, if you withdraw (voluntarily or involuntarily) before or during the course of the program, for any reason, you will be billed the amount listed below.

- **Withdraw before November 15, 2022** ..... **\$500 deposit forfeited**
- **Withdraw November 15 to December 15, 2022**..... **\$1500 of program fee + the deposit**
- **Withdraw after December 15, 2022**..... **student is responsible for all fees related to program**



# Taste of France✈

*French Cuisine, Food Productions, Small Business and Culture*

*Travel dates: May 9-18*



*Callout!*

*Wednesday, Sept 28<sup>th</sup>*

*6:00 P.M. KRAN 758*



*Get a taste of France while meeting various local producers and companies to learn about the production, marketing and distribution of select local and international markets.*

*Our 10 day tour includes stops to the French Riviera, Provence, Lyon & Paris!*

*Have questions? Contact Andy Oppy - [aoppy@purdue.edu](mailto:aoppy@purdue.edu)*

*Additional Information:*

