

Fermentation, Food & Culture in Japan

July 3-14, 2025



Trip Leader: Me!+



The Basic Rundown



Japan

SHORT-TERM SUMMER FERMENTATION, FOOD & CULTURE IN JAPAN

-  **Dates:** July 3-14, 2025
-  **Credits:** 3 Credits in FS 49100
-  **Locations:** Osaka, Nara, Kobe, Akashi, Kyoto
-  **Estimated Cost:** \$4300 includes activities, accommodation, in-country transportation & some meals. Airfare not included.
-  **Program Leaders:** Patrick Tiffany
ptiffanepurdue.edu
-  **Callout:** August 29, 2024 @ 4:00 pm in NLSN 2187

Japan has a rich tradition of fermentation techniques with a vibrant food culture. Miso, natto, soy sauce, tsukemono and sake are some fermentation products savored in Japan. Taste some of Japan's best culinary cuisines. Take a cooking class to learn the methods and ingredients firsthand. Experience a ritualistic tea ceremony emphasizing mindfulness and harmony. Explore the unique and dynamic culture.

STUDY ABROAD TODAY

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College of Agriculture Study Abroad



Appendix A - Program Itinerary

Time	Content	Meal	Transportation	Location
Day 0 AM/PM	July 2, 2025, Wed. Fly from U.S to Japan	-/-/-	N/A	U.S.-Japan
Day 1 AM/PM EVE	July 3, 2025, Thu. Arrive in Osaka Welcome Dinner	-/-/D	Private Coach	Osaka
Day 2 AM/PM	July 4, 2025, Fri. <ul style="list-style-type: none"> Begin your journey through Osaka's vibrant past and present with one day guided tour to Osaka's most famous sights. E.g.: Osaka Castle, Hozen-ji Temple, Dotonbori, etc. 	B/-/-	Public Transport	Osaka
Day 3 AM/PM Late PM	July 5, 2025, Sat. Osaka Food Tour <i>Eat your way around Osaka, sample 3-5 different types of Japanese traditional food, to give you a full picture of the food and drink culture of the area.</i> Cooking Class DIY Okonomiyaki/omakase sushi	B/-/D	Public Transport	Osaka
Day 4 AM AM/PM EVE	Jul 6, 2025, Sun. Travel to Nara by Train One-day Excursion to Nara <ul style="list-style-type: none"> Discover both the traditional and contemporary sides of the ancient Japanese city of Nara. E.g.: Todaiji, Nara Park, Kasuga Tasha, etc. Back to Osaka by Train	B/-/-	Public Transport	Osaka-Nara-Osaka
Day 5 AM PM	Jul 7, 2025, Mon. Site Visit 1 (Soy Sauce Manufacturer) Site Visit 2 (Sake/Whiskey Brewery)	B/-/-	Public Transport	Osaka



Day 6 AM/PM	Jul 8, 2025, Tue. Free Day <i>Suggestions: Koyasan and the Kumano Kodo, Arima Onsen, Uji</i>	B/-/-	Public Transport	Osaka
Day 7 Early AM AM Noon EVE	July 9, 2025, Wed. Travel to Kobe by Train Ikuta Shrine Group Lunch Travel to Akashi by Train	B/L/-	Public Transport	Osaka-Kobe-Akashi
Day 8 AM PM EVE	July 10, 2025, Thur. Site Visit 3 (Sake brewery 1) Uonotana Fish Market Travel to Kyoto by Shinkansen	B/-/-	Public Transport	Akashi-Kyoto
Day 9 AM PM	July 11, 2025, Fri Kimono Wearing & Tea Ceremony Sake Tasting Walking Tour <i>Including visit to Gekkeikan Okura Sake Museum.</i>	B/-/-	Public Transport	Kyoto
Day 10 AM Noon PM	July 12, 2025, Sat. Kiyomizu-dera Temple <i>It is one of the World Heritage Lists in Kyoto and was originally built in 778.</i> Lunch at Fermented restaurant in Arashiyama Arashiyama & Kinkaku-ji <i>Discover the serene Arashiyama Bamboo Grove. Kinkakuji, also known as the Golden Temple.</i>	B/L/-	Public Transport	Kyoto
Day 11 AM/PM EVE	July 13, 2025, Sun. Free Day Farewell Dinner	B/-/D	Public Transport	Kyoto
Day 12 AM/PM	July 14, 2025, Mon. Departure for the U.S.	B/-/-	Private Coach	Kyoto – the U.S.



Why Kansai?





You should go to Japan!

