

Course Itinerary (3 weeks)		Location of field trips
Friday, May 15	<ul style="list-style-type: none"> Group Flight: Depart O'Hare International Airport at 11:25 to Istanbul (IST) on flight TK186 	
Saturday, May 16	<ul style="list-style-type: none"> Arrive IST at 5:45 am Depart IST at 8:55 am for Izmir (ADB) on Pegasus flight PC 3305, Arrive Izmir 10:00 am Check-in at lodging Down time/travel recovery Immersion walk, dinner, and sunset on the Kordon Promenade Walking Lecture 1 on-site: The Great Fire of Smyrna – September, 1922 	
Sunday, May 17	<ul style="list-style-type: none"> Visit Dokuz Eylül University – Fermentation in Turkish Cuisine Lecture: Lactic acid fermentation 	
Monday, May 18	<ul style="list-style-type: none"> Breakfast on your own Lecture: Food Systems, Fermentation, Safety, and Health Visit Kemeralti Bazaar Lunch together Explore Ruins of Smyrna Agora Dinner on your own 	
Tuesday, May 19	<ul style="list-style-type: none"> Depart by bus to Çeşme Explore Çeşme and lunch on your own (be to ferry terminal 90 minutes prior to departure) Depart Çeşme by ferry at ~5pm (exact ferry schedule not yet set) Arrival in Chios (~6pm) & Orientation Dinner 	
Wednesday, May 20	<ul style="list-style-type: none"> Lecture: What is Masticha? Influences on Cuisine and Health Field trip to Masticha Research Center Visit at Chios Castle Lunch and Learn: Ethanolic fermentation Visit at Chios Beer brewery Dinner on your own 	Vavili
Thursday, May 21	<ul style="list-style-type: none"> Lecture: The Mastichochoria – How Masticha Shaped Chios' History Travel to Pyrgi and stop at Kalamoti on the way Visit the medieval city of Kalamoti Lunch Visit at the Mastiha museum Dinner on your own 	Kalamoti & Pyrgi
Friday,	<ul style="list-style-type: none"> Day trip to Oinousses island 	Oinousses Island

May 22	<ul style="list-style-type: none"> • Lecture: Chios and Greek Maritime Culture • Visit the Maritime Museum • Lunch • Visit a local honey producer 	
Saturday, May 23	<ul style="list-style-type: none"> • Visit Anavatos • Field trip on Chios herbs identification, foraging, exploration ***The field trip includes a moderate hike • Lunch at Lithi • Beach time! 	Anavatos, Avgonima with end destination Lithi
Sunday, May 24	<ul style="list-style-type: none"> • Mini-Lecture: Fermentation impacts on bioactive molecules • Lunch • Visit the Myrovolos Organics Farm (fermented vegetables: caper and crithmum) • Mini-Lecture: Distillation • Visit Stoupakis Distillery 	Chalkios
Monday, May 25	<ul style="list-style-type: none"> • Lecture • Visit a local cheese producer: Georgoulis Farm or Mastelo • Lunch 	Lagada or Kampos
Tuesday, May 26	<ul style="list-style-type: none"> • Lecture • Lunch • Visit a local olive tree farm/ aloe vera farm 	Vasileoniko
Wednesday, May 27	<ul style="list-style-type: none"> • Transfer via ferry from Chios to Samos (~ 2,5 hours) • Arrival and hotel arrangements • Lunch • Vineyard Tour & wine tasting -the famous Samos Muscat Blanc wine 	<u>Samos:</u> Mytilinii
Thursday, May 28	<ul style="list-style-type: none"> • Lecture • Visit Distillery, Ouzo Giokarini, or Victor • Lunch 	Vathi, Malagari Or Karlovassii
Friday, May 29	<ul style="list-style-type: none"> • Lecture • Visit the laboratory of organic products BIO SAMOS • Lunch 	Karlovassi
Saturday, May 30	<ul style="list-style-type: none"> • Lecture • Visit olive oil company (olive oil products) • Lunch 	Koumeika
Sunday, May 31	<ul style="list-style-type: none"> • Ferry from Samos to Kusadasi at 9 am • Bus from Kusadasi to Efes • Visit Ancient Ephesus • Visit Food Technology program, DEÜ Efes • Stay in Efes 	

Monday, June 1	<ul style="list-style-type: none"> • Bus from Efes to Izmir • Flight from Izmir to Istanbul • Visit Istanbul Teknik University 	
Tuesday, June 2	<ul style="list-style-type: none"> • Eminomu – Misir Carsisi, Galata Tower 	
Wednesday, June 3	<ul style="list-style-type: none"> • Hagia Sophia, Sultanahmet, Topkapi Palace, Gulhane Parki • 	
Thursday, June 4	<ul style="list-style-type: none"> • Fener, St. George, Chora Church, Palace of the Porphyrogenitus, Theodosian Walls 	
Friday, June 5	<ul style="list-style-type: none"> • Free day in Istanbul • Optional group trip to be chosen - examples: Bosphorus cruise, Princes' Islands, Trip to Asian side 	
Saturday, June 6	<ul style="list-style-type: none"> • Group Flight: Depart IST for ORD on Turkish Airlines Flight TK5 at 2:25 pm 	