

SPRING BREAK 2026





Spring Break March 13-22, 2026



NAVIGATING PORTUGAL TOGETHER



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Portugal is...

- about the same size as of Indiana.
- the oldest country in Europe.
- focused on renewable energy.
- one of the world's top surf spots.
- the world's largest cork producer.
- home to 17 UNESCO World Heritage Sites.

IBERIAN PENINSULA IN SOUTHWESTERN **EUROPE**



LOCATIONS IN PORTUGAL



Lisbon

The vibrant capital city of
Portugal, located on the western
coast. Lisbon is famous for its
historic neighborhoods,
picturesque viewpoints, and
landmarks. It's also known for its
lively nightlife and beautiful
tram rides.



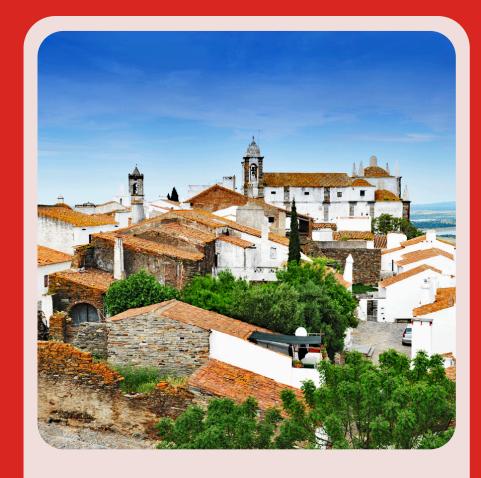
Alentejo

A vast region in southern
Portugal, known for its rolling
plains, olive groves, and cork oak
trees. The Alentejo is also
renowned for its excellent wines
and cuisine, with a slower pace
of life compared to the more
touristy areas.



Evora

A historic city in the Alentejo region, known for its well-preserved Roman Temple, the Chapel of Bones, and its charming medieval streets. Évora is also a UNESCO World Heritage Site due to its rich history and architecture.



Monsaraz

A stunning hilltop village in the Alentejo region, known for its medieval charm, narrow streets, and panoramic views of the surrounding countryside and the Alqueva Dam. It's a great place to experience traditional Portuguese culture.

ITINERARY

Friday, March 13 Depart Chicago

Saturday, March 14
Arrive Lisbon. Drive to Evora. Overview of Portugal and program. Orientation tour of Evora. Visit market. Welcome dinner.

Sunday, March 15
Walking tour of Evora. Temple of
Diana. Gothic and Renaissance
churches. Visit Chapel of Bones. Free
afternoon to explore Evora.



ITINERARY

Monday, March 16
Drive to medieval village of Monsaraz.
Castle of Monsaraz. Group lunch. Visit sustainable farm with cattle, wine production and cork.

Tuesday, March 17
Visit olive oil producer and have tasting. Visit farm and winery, a producer of cereals, cork, Alentejo cattle and wine.

Wednesday, March 18
Farm tour of regenerative agriculture.
Group lunch. Explore Alandroal.



ITINERARY

Thursday, March 19
Visit oyster farm with tasting. Visit
Instituto Superior de Agronomia for a
lecture. Travel to Lisbon. Walking tour
of Lisbon using public transit.

Friday, March 20 Drive to Sintra. Visit organic farm. Workshop on composting. Free evening to explore Lisbon.

Saturday, March 21 Use 24-hour Lisbon card to explore city on own. Farewell dinner.

Sunday, March 22 Depart Lisbon









ESTIMATED COST

\$4800

Included:

International Airfare

Accommodation

In Country Transportation

Some Meals

International Medical Insurance

Entrance Fees

Activities

Scholarships:

Global Leaps Scholarship
Agriculture Study Abroad Scholarships
Departmental Scholarship
National & International Scholarship Office

Not Included:

Passport

Some Meals

Personal Expenses

ACADEMICS

1 Credit

ABE 495

AGEC 498

AGR 493

ASM 491

ACCOMMODATION



Ibis Evora

May 14-18 Evora



May 19-21 Lisbon



CORK FORESTS TO WINE FIELDS



Mediterranean Agriculture

Portugal's climate supports olives, grapes, cork, and grains—key staples in Mediterranean diets.



Wine Legacy & Cork Capital

Portugal is home to some of the world's oldest wine regions, including Alentejo —known for rich reds and large cork oak forests. Portugal produces over 50% of the world's cork, much of it harvested sustainably from the Alentejo region.



Growing Ag Innovation

Lisbon is a rising hub for agtech startups, sustainable food systems, and vertical farming innovation.



Tradition Meets Science

In Alentejo, you'll find sheep and goat farming, cheese production, and research into dryland farming—perfect for ag students to explore real-world resilience strategies.

