



**Purdue University
Costa Rica Field Trip 2025
Sustainability and Ecotourism**

Day 1. Saturday March 15, 2025

Flight arrives to San Jose, CR at ??

Transfer to City Express Hotel, near the Airport.

Day 2. March 16

7:00 am Breakfast.

Departure to Sarapiquí. Coffee Tour at CoopeSarapiquí. a Fair-Trade Coop formed for more than 130 farmers, working together. Learn about the Coffee production and the cooperative organization. Lunch at CoopeSarapiquí.

Check in at get ready for the Floating Safari Trip at Sarapiquí river. Enjoy. But also learn about watershed management, and the compatible uses of energy generation and recreation.

6:00 pm. Dinner at La Quinta.

7:30 pm. Lecture: Sustainability Process at la Quinta. Challenges for a Small Hotel to implement the program.

Overnight at La Quinta de Sarapiquí,

(B, L, D)

Day 3. March 17

7:00 am Breakfast.

8:00 am Visit Tirimbina Rainforest Center, learn about conservation, research, and education in a private reserve. Natural history tour at the Rainforest. Lunch at Tirimbina.

2:00 pm. Visit Paradise Pineapple Farm. This is the only organic and fair-trade farm, certified in Central America, and provide a great opportunity to discuss about monocultives, social and environmental impact.

Continue to La Fortuna. Check in at Kokoro Hotel. Enjoy the swimming pool and hot springs at hotel. Dinner at Kokoro.

Overnight at Kokoro Hotel.

(B, L, D)

Day 4. March 18

7:00 am Breakfast.

8:00 am Visit Observatory Lodge, on the north side of Arenal Volcano National Park, provide a unique view of the Volcano, and wonderful gardens. Hike to the waterfall.

12:00 md. Lunch at Observatory Lodge.

Afternoon visit to ADIFORT (Local Development Association) Recycling project, learn about the community efforts to provide a healthier environment to its inhabitants.

6:30 pm. Night Wings Project, learn about the wonderful World of Bats, and how research is conducted on these amazing species.

8:00 pm. Dinner at Nene's Restaurant.

Overnight at La Fortuna at Kokoro

(B, L, D)

Day 5. March 19

7:00 am. Breakfast

8:00 am. Visit la Fortuna Waterfall, enjoy and learn about the positive impact of tourism on the local community.

11:00 am Finca Vivencias Campesinas. A small farm aiming to sustainable production. Lunch Farm to Table.

3:00 pm. Rainforest Chocolate Tour. Learn about cacao and chocolate production, in an organic farm, and prepare and taste your own chocolate, meanwhile you learn about the crop.

5:30 pm Hot springs! La Fortuna is well known for the great hot springs and the benefits for health. Relax and enjoy Dinner at Hotsprings.

Overnight at La Fortuna at Kokoro

(B, L, D)

Day 6. March 20

7:00 am. Breakfast

8:00 am. Departure to Puntarenas. Lunch at Puntarenas, the most important port on the Pacific of Costa Rica. From there we will take a Ferry across the Nicoya Gulf to the town of Paquera, on the tip of Nicoya Peninsula.

Continue to Tambor Beach area.

.Check in at Alkamar Hotel.

Dinner and overnight at Alkamar.

(B, L, D)

Day 7. March 21

7:00 am. Breakfast

8:00 am. Visit Curú National Wildlife Refuge, an amazing place full of biodiversity.

From Curu beach we will take a short ride on a boat to visit Tortugas Islands. Snorkeling on the area, and time to enjoy this white sand beach.

Return by boat to Curu, Lunch.

In the afternoon, time to explore the trails and the beach

7:00 pm. Dinner at Uvita town.

Dinner and overnight at Alkamar.

(B, L, D)

Day 8. March 22

Early departure from Hotel Alkamar to take the Ferry back to Puntarenas.

Breakfast at Puntarenas.

Safari Jungle Boat at Tarcoles River, a great opportunity to see crocodiles and another wildlife, but also to discuss about the Watershed management.

Lunch at Restaurante el Jardín.

Travel to SJO. Check in at Honey Bee B&B.

Farewell Dinner at Mirador del Valle.

Overnight at Honey Bee.

(B, L, D)

Day 9. March 23

Breakfast at hotel. Transfer to Airport.

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