

Life Experiences Activity

Idea on how it can be used for Extension staff who are participating online

Identify 4 people you know, but do not know well, and would like to get to know better. Ask them to share with you their responses to the questions in the chart below. Compile their responses.

After you have compiled responses from the people, think about:

What was the most interesting question?

Based upon what you know about the people you asked, did anyone's answer surprise you?

Did your perception of anyone change?

Idea on how Extension staff can use this activity with groups

Life Experiences (20 minutes)

Facilitator says:

I am passing around a sheet of paper that has various life experiences listed on it. Move around the room and try to find others who have had these different experiences.

Following the activity, the facilitator ask learners

What was the most interesting question?

Based upon what you know about the people you asked, did anyone's answer surprise you?

Did your perception of anyone change?

Life Experiences

Find Someone Who...

Was born in or has lived in another country	Has experienced any form of discrimination	Is of multi-ethnic heritage
Was named after a relative	Shares the same religion or spirituality as you	Is in a blended family
Speaks a language other than English	Who has experienced poverty	Has parents that live in the same house that they were raised in
Someone who has friends/family members who are gay, lesbian, bisexual	Is an only child	Has raised a child of another culture than their own