

# DIRECT SPHERIFICATION PROTOCOL

## Materials

- Sodium alginate
- Calcium Chloride
- Juice
- Tall containers
- Slotted or Spherification spoons
- Droppers/pipettes
- Shallow containers
- Immersion blender

***Sodium Alginate juice solution*** (best if made a bit in advance):

1. In a tall container (pitcher or beaker that is much taller than the amount of juice), add 1 cup juice and  $\frac{1}{4}$  -  $\frac{1}{2}$  tsp sodium alginate powder
2. Mix using immersion blender
3. Let sit so the air bubbles can disperse

***Calcium Chloride Bath*** (can be made in advance, not required):

1. In a tall container (pitcher or beaker that is much taller than amount of water), add 2 cups distilled water and 1 tsp calcium chloride
2. Mix using immersion blender

## Procedure for producing beads

1. 2 two shallow containers, 1 with calcium chloride bath, 1 with distilled water
2. Using a dropper, drop alginate juice solution in calcium chloride container – careful not to touch the tip of the dropper to the bath or it will get clogged
3. Use a spoon to gently swirl
4. Carefully remove the boba with the strainer spoon
5. Place boba into distilled water bath, gently swirl
6. Using strainer spoon, remove boba and taste!

### Links to materials (any brand will work)

- Sodium alginate ([https://www.amazon.com/Alginate-Molecular-Gastronomy-Non-GMO-Certified/dp/B00BLPNHLW/ref=sr\\_1\\_6?crid=PED01U5RJ5TQ&keywords=sodium+alginate&qid=1684182541&srefix=sodium+alginate%2Caps%2C98&sr=8-6](https://www.amazon.com/Alginate-Molecular-Gastronomy-Non-GMO-Certified/dp/B00BLPNHLW/ref=sr_1_6?crid=PED01U5RJ5TQ&keywords=sodium+alginate&qid=1684182541&srefix=sodium+alginate%2Caps%2C98&sr=8-6))
- Calcium chloride [https://www.amazon.com/Calcium-Chloride-Molecular-Gastronomy-Certified/dp/B00BLPNJLK?crid=ULCX8H05T0NZ&dib=eyJ2IjojMSJ9.pf8Rm5iLkZe2bLOXe9gVj1mTQjxXZvX7tKFKIOHLhVySG1Tm68tmfxGW9koZoh-e099G6nnlxOoh400oiaMSPyVOc5yh7Wxmyn\\_sixD\\_oNdW9iPsID5IW5SbUh0lqtyv7UTeL5jFlidB61NytsvCW\\_Sr3YzjLWlIxsRytr8Np7NRI9b87wBRnf6gJEecddy6HRxXLFu8UpS6kqj8ERI0n24VMcZDGF2IYP9hsD-sN74nRnOGQ4in\\_onmpcVqU35cugcYjYSNQKj7qLQcqbIFC1WbnzsQjNTzoEAX\\_OcCe1Tb1z51V5-xFbXuHNUkrPRID\\_MzWnLA3ja8sL\\_H1fYLRIX3zjKMpkRCIwVKIES7ePqK7g6htS0tk0F5US9tSFKPmeT8YKdDIuWvUoJVE1XlXerwiQHJln74I7jXwy2eVZKqH3Osd4DULDcannGOKe.gDcAhIWXhoHknANMicf9aRclE7ChCpd-nd7yfB9JD6c&dib\\_tag=se&keywords=calcium+chloride&qid=1741207784&srefix=calcium+chloride%2Caps%2C112&sr=8-6](https://www.amazon.com/Calcium-Chloride-Molecular-Gastronomy-Certified/dp/B00BLPNJLK?crid=ULCX8H05T0NZ&dib=eyJ2IjojMSJ9.pf8Rm5iLkZe2bLOXe9gVj1mTQjxXZvX7tKFKIOHLhVySG1Tm68tmfxGW9koZoh-e099G6nnlxOoh400oiaMSPyVOc5yh7Wxmyn_sixD_oNdW9iPsID5IW5SbUh0lqtyv7UTeL5jFlidB61NytsvCW_Sr3YzjLWlIxsRytr8Np7NRI9b87wBRnf6gJEecddy6HRxXLFu8UpS6kqj8ERI0n24VMcZDGF2IYP9hsD-sN74nRnOGQ4in_onmpcVqU35cugcYjYSNQKj7qLQcqbIFC1WbnzsQjNTzoEAX_OcCe1Tb1z51V5-xFbXuHNUkrPRID_MzWnLA3ja8sL_H1fYLRIX3zjKMpkRCIwVKIES7ePqK7g6htS0tk0F5US9tSFKPmeT8YKdDIuWvUoJVE1XlXerwiQHJln74I7jXwy2eVZKqH3Osd4DULDcannGOKe.gDcAhIWXhoHknANMicf9aRclE7ChCpd-nd7yfB9JD6c&dib_tag=se&keywords=calcium+chloride&qid=1741207784&srefix=calcium+chloride%2Caps%2C112&sr=8-6)
- Spherification spoons ([https://www.amazon.com/DEAYOU-Perforated-Spherification-Mixologist-Multi-Color/dp/B0BFBK5QKZ/ref=sr\\_1\\_10?crid=1RXLD7D62PIYK&keywords=spherification+spoon&qid=1684182765&srefix=spherification+spoon%2Caps%2C90&sr=8-10](https://www.amazon.com/DEAYOU-Perforated-Spherification-Mixologist-Multi-Color/dp/B0BFBK5QKZ/ref=sr_1_10?crid=1RXLD7D62PIYK&keywords=spherification+spoon&qid=1684182765&srefix=spherification+spoon%2Caps%2C90&sr=8-10))
- Droppers/pipettes ([https://www.amazon.com/Disposable-Transfer-Calibrated-Essential-Laboratory/dp/B08CMPRNC3/ref=sr\\_1\\_9?crid=3NP13MKUNVUU3&keywords=transfer+pipettes&qid=1684182867&srefix=transfer+pipettes%2Caps%2C112&sr=8-9](https://www.amazon.com/Disposable-Transfer-Calibrated-Essential-Laboratory/dp/B08CMPRNC3/ref=sr_1_9?crid=3NP13MKUNVUU3&keywords=transfer+pipettes&qid=1684182867&srefix=transfer+pipettes%2Caps%2C112&sr=8-9))
- Shallow containers ([https://www.amazon.com/Tosnail-Pack-Plastic-Storage-Containers/dp/B07T2HQYK5/ref=sr\\_1\\_16?crid=3A7V51ZUD9SNV&keywords=clear+plastic+food+containers&qid=1684182982&srefix=clear+plastic+food+containers%2Caps%2C97&sr=8-16](https://www.amazon.com/Tosnail-Pack-Plastic-Storage-Containers/dp/B07T2HQYK5/ref=sr_1_16?crid=3A7V51ZUD9SNV&keywords=clear+plastic+food+containers&qid=1684182982&srefix=clear+plastic+food+containers%2Caps%2C97&sr=8-16))
- Immersion blender ([https://www.amazon.com/Bonsenkitchen-Handheld-Electric-Immersion-Stainless/dp/B09SH9XH37/ref=sr\\_1\\_11?crid=3A021FNXKMDGI&keywords=immersion+blender&qid=1684183161&srefix=immersion+blender%2Caps%2C102&sr=8-11](https://www.amazon.com/Bonsenkitchen-Handheld-Electric-Immersion-Stainless/dp/B09SH9XH37/ref=sr_1_11?crid=3A021FNXKMDGI&keywords=immersion+blender&qid=1684183161&srefix=immersion+blender%2Caps%2C102&sr=8-11))